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SUMMARY REPORT

Sam Sample



STRENGTHS - ABILITIES - PERSONAL STYLE

PERSONAL STYLE DESCRIPTION

This relates to your best people, work environment and communication roles. Knowing the environments where you will be most comfortable and productive.

Researcher / Professional

I have a combination of a Specialist nature and a preference for Introversion. My specialist nature is deeply interested and passionate about my field and the ability to operate as the expert, while my introversion preference means I am happy to work on my own without interference for long periods at a time.

I am likely to find a good fit with work that relies on my ability to complete tasks independently and deepen my understanding of a specialized topic. School activities that might draw my attention are going to be behind the scenes preparing materials for others use. Debate, scientific, or political researcher, team statistician, or researcher for a newspaper or a blogger are a few roles I might enjoy.

Like

- » Ability to spend time in my area of interest
- » Autonomy and Control over my work
- » Contributing as an expert
- » Ability to work alone without interruption
- » My own work-space, office or studio
- » Prefer small groups (1 to 3 people)

Super Power

- » Deep Knowledge and Expertise
- » Expert Skills
- » Focussed Drive

Danger Zones

- » Up-front and people engaging roles
- » Too much variety
- » Doing work or study I am not interested in
- » To many shared projects or activities
- » Not having own work-space

Communication Preference

Prefers communicating in writing
(email/text/reports)

I Need

Work that is in line and connected with my interests or my passions.



TIME FRAME


Time Frame Orientations measures the natural span of time a person takes into account when considering the future. It indicates how clearly a person can envision a distant goal and understand the consequences of present actions on future plans.

Long Term - Strategic - Planner - Visionary

Your time frame preference shapes your approach to planning and persistence. With a long-range time frame, you possess the unique ability to project your life and aspirations 5, 10, or even 20 years ahead. Instantly connecting present actions to future outcomes, you are a natural strategic thinker who excels in grand-scale planning. Your strength lies in big picture concepts, making planning & strategy roles ideal fits for your abilities. You embrace delayed gratification, valuing future gains over immediate rewards. You have a strong need for large future goals to keep you motivated and focussed. Without a goal to focus on, you may feel like a boat without a rudder.

However, be cautious of becoming too absorbed in the future, potentially missing present joys. Balancing ambitious long-term goals with daily tasks is essential for both happiness and success. You may want to practice mindfulness exercises as a compensating skill to help you learn to live more in the moment.

Your strength is in being present and paying attention to the here and now, without getting lost in thinking about future events.



This relates to how you solve problems, the pace of work you are comfortable with, and which work activities will be the best fit.

Consultative Problem Solver

With High Classification / High Concept Organisation, my natural response to almost every situation is to diagnose, look for the problem, analyse the facts and come up with a solution and then communicate the solution in a way that others can understand. I can solve the problem and explain the logic behind my solutions and communicate them clearly and persuasively.

I have a very high-level problem-solving style which considers both the problems and the solutions. Complex problem solving and the opportunity for implementation and monitoring of solutions are significant motivations.

Strengths

- » Can diagnose, analyse, and come up with a solution as well as logically communicate solution
- » Most complete problem solver
- » Ability to solve complex problems and make well thought out decisions
- » Consulting - providing well researched and detailed solutions
- » Versatile problem solver across multiple industries
- » Writing, speaking and presenting
- » Detailed and Accurate
- » Researching
- » Can build systems, processes, and structure for others to use.
- » Can see whole picture of problems and solutions.

Challenges

Needs mental challenges will get bored if not challenged

Best Work Pace

Your style draws you toward challenging work roles that require lots of problem-solving as well as explaining your solutions to others. You can naturally move from fast paced diagnostics to slower more detailed analysis, research, and reporting.

Likes

I like challenges and prefer working on more complex issues and problems that require complex problem-solving skills.

Danger Zone

- » Avoid routine and repetitive work
- » Will get bored if not challenged
- » Being required to follow too much structure

IDEA PRODUCTIVITY

Idea Productivity influences the rate of ideas going through your mind at any one time as well as how you self-manage multiple tasks/projects.

Idea Rich - Brainstormer

Your strong Idea Productivity, or divergent thinking, results in a continuous stream of sometimes related and frequently unrelated ideas. This type of thinking can contribute to both your ability to solve problems and to communicate. Idea Productivity helps with creative problem solving by generating possibilities and alternatives.

Your continuous, rapid flow of ideas can help you generate multiple ways to solve a particular problem. It can also help you adjust your communication so that if one explanation does not work, you can quickly think of another way to explain. This ability allows you to think quickly on your feet.

This means you need a career that values generating ideas of your own, helping others to produce ideas and facilitating discussion about the selection of creative and useful ideas. You may feel effective and satisfied in any field in which your role includes persuasion, or influencing others.

Drifting off topic or losing focus is a challenge with this ability as well as being able to control your almost unlimited ideas in writing tasks.

PEOPLE OR THINGS (TECHNICAL - STRUCTURAL)

This relates to the type of work and the industries that will be the most natural fit. Whether you will be most comfortable in work with people, ideas, concepts or more at home working in concrete, structural, scientific, technical, or mathematical roles or maybe a combination of both.

Builder - Hands-on Helper

With High Spatial Visualization / Mid Spatial Theory, I relate best to the physical or structural world and prefer concreteness or tangible outcomes in my work. I like using and working with my hands or being physically connected to my work.

I naturally understand the 'how' of things, and the 'why', but are more driven in the building/tangible outcome versus the design aspects. As a result, I am able to follow instructions and set to work because I understand the concepts or theories that resulted in the product I am working on.

I will be drawn to work that allows me to physically handle materials. I may be interested in the reason behind the task, but completion of the project in the real world will be my goal.

Work roles that use hands-on learning techniques and application such as civil or structural engineering may be satisfying.

People or Things

I can work with people or things, however the key to the right fit is the ability to use my hands in my work or to produce something that is tangible (real) for my work to have meaning. I can get satisfaction out of using machinery, technology or using my hands to help people like being a radiographer helping a person with x-rays or scans, or a physiotherapist who uses hands to diagnose and provide treatment for patients.

Strengths

- » Use hands to connect to work
- » Hands on person
- » Can understand technical/mechanical or natural world
- » Tangible - Real solutions
- » High level technical problem solver
- » Can handle and manipulate physical tools/scissors/paint brush
- » Easily understand 'how' things work and principles behind how things work

Challenges

- » Working in a non-tangible role
- » Not having a tangible outcome from work
- » Too many people elements in a job

Best Environment

Any type of work that allows me to be connected physically to my activities or involved in producing something that has a tangible or concrete result. This could be using tools or even producing a report or web pages or media content. I like to see the fruits of my labour.

SPECIALISED ABILITIES AND LEARNING CHANNELS

This section highlights your top two learning channels, along with individual abilities and combinations that indicate more specialised strengths.

Some of these learning abilities also act as important enhancers, supporting roles connected to your personal style, problem-solving approach, and both technical and people-focused work.

Strong Tonal Memory - Learning by Listening

You have a strong **auditory learning style**, meaning you learn best through listening. You can easily remember and recall what you hear whether it's spoken words, tunes, or tonal patterns. You are in the top 25th percentile in this learning ability. This is a physiological ability so you will need an outlet which could include playing music, singing or just listening to music.

Study Tips for Tonal Learners

- Read your notes out loud.
- Record lectures or key points and replay them.
- Watch educational YouTube videos or listen to topic-specific podcasts.
- Use audiobooks to reinforce learning.
- Try creating your own study podcasts or audio summaries (for example, using tools like NotebookLM).
- Listen to music while studying if it helps maintain focus.

Why Tonal Memory Matters in Careers

This ability gives you an edge in roles where listening, memory, and sound are critical. It can help you:

- Accurately remember client conversations without extensive note-taking.
- Learn accents, foreign languages, and assist with translation.
- Play musical instruments or sing more naturally.
- Memorise dialogue for acting or speeches for presentations.

Career Fields Where Tonal Memory is Valuable

- Counselling & Therapy
- Speech Pathology
- Psychology & Social Services
- Mediation, Consulting & Negotiation
- Translating & Interpreting
- Audio Engineering & Sound Technology
- Music Performance & Production
- Acting / Theatre / Broadcasting
- Teaching & Customer Service

This strength can shape how you study and open doors to careers where listening, memory, and auditory skills truly set you apart.

You have a very strong ability to **remember and recall information in a visual format**. When details are presented as images, diagrams, or other visual structures, you can store and retrieve this graphical information with ease. You are in the top 25th percentile in this learning ability.

Examples of Visual Information You Excel At

- Pictures and photographs
- Graphs and charts
- Diagrams and schematics
- Maps and mind maps
- Planograms and CAD designs
- Building plans and wiring layouts
- Anatomical or scientific illustrations
- Videos and animations

Study Tips for Visual Learners

To leverage your natural strengths, try:

- Converting notes into diagrams or visual summaries
- Creating flash cards with images and symbols
- Using mind maps with colours and shapes
- Highlighting key points in your study material
- Watching videos and tutorials to reinforce learning
- Building slide decks or visual presentations to organise concepts

Why Design Memory Matters

Design Memory enhances how you work with complex spatial, structural, or artistic information. It's a core ability for many technical, creative, and scientific roles.

Careers Where This Strength Shines:

- Interior Design
- Photography
- Computer & Video Game Design
- Fashion & Industrial Design
- Surgery & Dentistry (especially Orthodontics)
- Set or Scenic Design
- Pilot / Air Traffic Control
- All visual Artistic fields
- Graphic Design
- Engineering
- Architecture
- Radiology
- Electrical Work

This ability is very strong and should be considered when exploring careers and activities where it can be used regularly. It doesn't have to be the primary focus of a role - even when it's a supporting skill, it can significantly enhance your effectiveness and satisfaction.

Specialised abilities are single abilities or blends of abilities that indicate a unique talent or gift that can be a focus for a career or hobby or as an enhancer to other career fields that might point to a specialisation in an area.

Pitch Discrimination

You experience the world in a more sensory-rich way than most people. This heightened sensitivity often means you're more attuned to sounds and vibrations, but also to light, smells, tastes, and touch. While people with this ability are sometimes labelled "picky," the truth is they're simply noticing much more than the average person.

What Pitch Discrimination Means for You

Your ability to detect fine differences in pitch reflects a natural precision. This often pairs with **refined fine motor skills**, making it easier to work within tight tolerances and handle detailed tools.

This is both an artistic and technical ability. It enhances creativity and craftsmanship, and supports careful, hands-on work.

Where This Ability Shows Up

- A chef uses it to perfect flavours, textures, aromas, and presentation.
- A wine connoisseur draws on it to detect subtle elements in taste, mouthfeel, and structure.
- An artist sees nuances in light, shade, colour, and texture in unique ways.
- Technically, it supports fields like:
 - Surgery, dentistry, orthodontics
 - Engineering and architecture
 - Lab work
 - Sonar and radar operations
 - Any work requiring small instruments and exact detail.

It's also a **powerful contributor to musical ability**, sharpening your ear for sound and helping you excel in music-related activities.

This strength can help guide you toward careers, hobbies, and experiences where your sharp sensory awareness and precision truly stand out — and where you can turn what you naturally notice into a unique advantage.

Strong Musical Abilities

You have strong natural musical abilities, which means learning music or playing an instrument likely comes more easily to you. You also tend to find deep enjoyment and inspiration in making music a core part of your life — whether through playing, performing, or simply listening while you work or study.

Music is more than just an interest for you; it's almost physiological, woven into how you feel connected and whole. Without it, you may sense that something is missing or out of balance. It's important to make a conscious effort to include music in your daily routine.

This ability will enhance any career that involves music or sound. It also naturally boosts your focus, sparks creativity, and provides a meaningful way to relax and recharge.

Examples of How This Ability Can Enhance Other Roles

- **Engineering / Technical:** Sound engineer for theatre, recording studios, or film
- **Education:** Specialist music teacher, band leader, or drama and theatre instructor
- **Therapy / Counselling:** Speech therapy, music therapy

This strength is also likely to guide your hobbies and daily activities, drawing you toward experiences where music plays a central role — enriching both your enjoyment and your overall well-being.

This ability may ultimately shape not just what you do for work or study, but how you create a fulfilling, balanced life that truly resonates with you.

Creative / Design / Artistic

You have a natural gift for creativity and design. This strength can lead you toward careers in creative industries, or into roles that rely on design thinking within fields like engineering, architecture, industrial and technical design, electrical systems, or medical device development.

Examples of Careers That Use This Specialised Ability

- Graphic Designer
- Prototype Design Engineer
- Painter, Sculptor, or Potter
- Architect, Draftsperson, or House Designer
- Interior Designer
- Design or Technical Engineer
- Visual Artist, Animator, or Computer Game Designer

Your abilities span both the **creative thought process** — generating ideas, solutions, and concepts — and **visual creativity**, turning designs into tangible outcomes. This strength may also shape your hobbies and side projects, from visual arts to building or crafting, and can open doors to careers ranging from graphic design and animation to industrial engineering and beyond.

This ability also strengthens how you approach problem-solving, helping you find creative, visually driven solutions whether you're tackling artistic projects or complex technical challenges.

Chef / Culinary

You have a unique combination of abilities that point toward the **culinary arts** — whether as a chef, cook, caterer, food or wine critic, or even a wine or coffee taster.

At the heart of this blend is your **Pitch ability**, which heightens your senses of taste, smell, touch, and visual detail. This gives you an exceptional edge in creating, cooking, and presenting food, and in distinguishing the subtle flavours and textures of dishes, wines, or coffees.

Your **Rhythm Memory** adds a natural ease with the physical movement this work demands, while **Spatial Visualization** supports your skill in using your hands, staying physically connected to your work, and achieving tangible, beautifully crafted results.

This combination of strengths can shape not only your professional choices, but also hobbies and personal passions — anywhere you can bring creativity, precision, and your heightened senses together.